

Handsworth Medical Practice

Opening times:

Handsworth Medical Practice
Telephone 0114 2697505

Reception = Option 1

Prescriptions (after 11am) = Option 1

Secretary/Admin/Referrals = Option 2

Monday - Friday 8:00am - 6:30pm

Fitzalan Site

Telephone 0114 2889777

Monday, Tuesday, Wednesday &
Friday
8:00am - 6:30pm

Thursday 8:00am - 1:00pm

Please note we are closed between
12:30pm - 1:00pm

To cancel any appointments please
text your full name, date of birth
and the date of your appointment to:

07904108206

Website Address:

www.handsworthmedicalpractice.co.uk

System Online Services:

Register at reception to enable you
to request prescriptions, book &
cancel appointments 24 hrs a day.

Newsletter

Patient Updates for 2019!



Useful contact Numbers!

- ❖ NHS Out of Hours - Call 111
- ❖ Northern General A&E - 0114 243 4343
- ❖ Walk in Centre- 0114 241 2700

Breast Cancer Awareness!

Breast cancer is the most common cancer in the UK. The earlier breast cancer is diagnosed, the more likely a woman will survive. Breast Cancer Now have been running the Healthy Communities volunteer project,

- ❖ To increase awareness amongst communities
- ❖ To encourage women to regularly check their breasts
- ❖ To increase confidence in reporting any unusual changes to their GP

If you would like to learn more about how to check yourself, what signs and symptoms to look out for or need further information please visit their

website: <https://breastcancer.org/>

Or call: 0808 800 6000



**FIGHT
AGAINST
BREAST CANCER**

Happy Bank Holidays!

The surgery will be closed on the following Bank Holidays:

- ❖ Friday 19th April
- ❖ Monday 22nd April



Patient Participation Group!

We are looking for new members to join our PPG. We meet 2-3 times a year for patients to be able to bring forward suggestions & new ideas to help us improve the services that we offer. Please complete below and return to reception if you are interested.

Name:.....

Contact Number:.....




Community Activities around Handsworth!


These activities are either free or a small fee will be applicable, please contact the group if interested. Please contact the provider in case there are any changes

DAY	TIME	ACTIVITY	VENUE	CONTACT	NO.
MONDAY	9:30AM 2 HRS	INTERNET DROP-IN	STRADBROOKE COMM CENTRE	CENTRE	07583618617
MONDAY	10:30AM 1.5 HRS	YOGA	SCOUT HALL, ST MARYS	JOYCE	07498232169
MONDAY	1:00PM 3 HRS	RICHMOND CINEMA	STRADBROOKE COMM CENTRE	SENIORS CLUB	
MONDAY	1:00PM 1 HR	GENTLE EXERCISE	SALVATION ARMY	BRYN COLLINSON	
MONDAY	1:30PM 1 HR	CHAIROBICS & GAMES	BRUNSWICK VILLAGE	STEFAN MURRAY	
MONDAY	1:30PM 1 HR	TAI CHI	WOODHOUSE LIBRARY	EXTERNAL COMP	
MONDAY	2:30PM 1 HR	CHAIROBICS & GAMES	RICHMOND TARA	NICOLA SWIFT	
TUESDAY	1:30PM 1 HR	HEALTH WALK	HANDSWORTH SCOUT HUT	TINA MOORES	
TUESDAY	2:00PM 2HRS	OVER 50'S SEQUENCE DANCING	THE RECTORY	TIM SCHAFFER	
TUESDAY	5:30PM 1 HR	TAI CHI	WOODHOUSE LIBRARY	EXTERNAL COMP	
WEDNESDAY	9:30AM 2 HRS	INTERNET DROP-IN	STRADBROOKE COMM CENTRE	CENTRE	07583618617
WEDNESDAY	10:00AM 2 HRS	COMPUTER GROUP	WOODHOUSE LIBRARY		
WEDNESDAY	9:30AM 2 HRS	SEWING GROUP	RICHMOND TARA		
WEDNESDAY	10:30AM 1 HR	AMYS AUNTIES COFFEE MORNING	AMY'S HOUSE	MERIEL LITTLEWOOD	0114 2697982
WEDNESDAY	12:45PM 1 HR	MULTI EXERCISES	SALVATION ARMY	BRYN COLLINSON	
WEDNESDAY	2:00PM 2 HRS	OVER 50'S GROUP	RICHMOND TARA		
WEDNESDAY	2:00PM 2 HRS	HANDSWORTH ART SOCIETY	THE RECTORY	MEL	0114 2697982
THURSDAY	11:00AM 3 HRS	PENSIONERS LUNCH CLUB	THE RECTORY	TIM SCHAFFER	
THURSDAY	1:00PM 2 HRS	CRAFT GROUP	THE NUNNERY (THE RECTORY)		
THURSDAY	1:30PM 1 HR	GENTLE EXERCISE	STRADBROOKE COMM CENTRE	AMY WHEELER	
THURSDAY	1:30PM 2 HRS	CRAFT GROUP	WOODHOUSE LIBRARY	JACKIE	07847602613
FRIDAY	9:15AM 1 HR	COFFEE MORNING	SALVATION ARMY		
FRIDAY	10:00AM 2 HRS	COMPUTERS (LEARN MY WAY)	RICHMOND TARA		
FRIDAY	10:00AM 1 HR	KEEP FIT	SCOUT HALL, ST MARYS	MERIEL LITTLEWOOD	
FRIDAY	11:30AM 1 HR	CHAIR BASED EXERCISE	WOODHOUSE LIBRARY	WOODHOUSE FORUM	0114 2690222
FRIDAY	11:30AM 2 HRS	LUNCH DROP-IN	MTHODIST CHURCH, HANDSWORTH		
FRIDAY	1:30PM 1 HR	HEALTH WALK	WOODHOUSE LIBRARY	TINA MOORES	
SATURDAY	10:00AM 1 HR	KNIT & NATTER, CROCHET CHATTER	WOODHOUSE LIBRARY	SAM	07891088479